How to Effectively Communicate.

The vital skills needed for building Relationships, Leadership & Well-Being

6th March, 2018

Time: 9.30am - 3.30pm (Reg. from 8.30am)

Batman's Hill on Collins
623 Collins St, Melbourne

Critical Agendas

Andrea Downie is the co-founder/director of Project Thrive. Andrea has diverse experience, particularly in the field of education, as a primary classroom teacher, school leader of Wellbeing, Learning Enhancement, Technology, Gifted Education and a Deputy Principal. She has a strong passion for the wellbeing and optimal functioning of individuals and groups and has presented regularly to networks of professionals on personalising learning, metacognition, well-being science, neuroscience and the application of positive psychology in education. Passionate about education, she also currently teaches Wellbeing, Performance and Motivation at the University of Melbourne. Andrea loves meeting new people and making connections.

Nell Golden is passionate about wellbeing and youth mental health. She has worked in corporate wellbeing in health promotion and wellness program manager roles at Bupa Australia, reaching over 7000 employees through her implementation of wellness products and services. She also held roles at the Young and Well Cooperative Research Centre, Melbourne in Digital Education for youth and at the University of Melbourne in Student Development and Advice.

Nell has travelled to over 50 countries, lived and worked in Pennsylvania, USA at the International Sports Training Camp as a lifeguard and counsellor, and previously ran her own gym and personal training business in Point Lonsdale. She holds a Master of Applied Positive Psychology (First Class Honours) from the University of Melbourne, a Graduate Certificate in Wellness and a Bachelor of Applied Science (Psychology, with distinction).

Target Audience: Primary and Secondary Principals, Primary and Secondary Deputy Principals, Primary and Secondary Leadership staff, Upper Primary and Secondary to year 12 Teachers

6 PD hrs

Program Description

Strong relationships, schools, careers and communities all draw from the same source of power - the ability to talk openly about high stakes, emotional, controversial topics. At the heart of almost all long term or constantly recurring problems amongst students, our teams, and all our relationships lie critical conversations- ones that we are avoiding having, doing so over technology or don't have the skills to hold effectively.

Twenty years of research reveals that the most important skill of effective leaders, team mates, parents, and loved ones is the capacity to skilfully address emotionally and politically risky issues. As technology continues to replace these face to face conversations, empathy becomes decreased, less becomes resolved and this results in issues becoming bigger and more overpowering. The impacts on behavioural concerns are paramount and on mental health are devastating.

Andrea and Nell from Project Thrive will share with you their latest research drawing on Positive Psychology, on the importance of communication and how to empower both students and staff with the confidence and skills to have critical conversation.

Book Now at www.criticalagendas.com.au or via fax or mail

Postal address:
P.O. Box 1427 Geelong 3220
Telephone: 1800 638 012
Fax: 1800 638 021
Email: admin@criticalagendas.com.au

www.criticalagendas.com.au
COST: $279 + GST
Cost includes: Program, any issued notes, participation certificate, morning tea and lunch.

A confirmation email will be sent to each applicant

REGISTRATION FORM
(May be photocopied)

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ABN 14 693 026 465
6 PD hrs $279 + GST

Please complete and fax to 1800 638 021 or email to admin@criticalagendas.com.au

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Name/s (**Capitals** please!)

1. _____ Mob _____ Email _____
2. _____ Mob _____ Email _____
3. _____ Mob _____ Email _____
4. _____ Mob _____ Email _____
5. _____ Mob _____ Email _____

Please specify any special dietary needs _____

School / Employer _____

Address _____

Sub/Town _____ Postcode _____

Ph _____

BOOKING CONDITIONS No applications for this program will be accepted after all vacancies have been filled. Unsuccessful applicants will have their monies refunded in full. Cancellation prior to two weeks before the program date (cut-off date) will incur a 15% service charge per applicant. This program will be payable in full for cancellations made on or after the cut-off date or for failure to attend the program. All cancellations must be in writing and emailed to us. In the event of insufficient applications this program will not proceed and registration monies be fully refunded. In the event of this program being cancelled due to unforeseen circumstances registration monies only will be refunded as Critical Agendas will not accept liability for the payment of any other associated costs. Critical Agendas reserves the right to vary the advertised programs prior to commencement.

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Contact Email: _____

OR Enclosed is payment for $_____ payable to CRITICAL AGENDAS or please debit my

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