



# Skills and Strategies to Assist Student's to Manage Their Mental Health

**6th February 2020**

**Time: 9.30am - 3.30pm (Reg. from 8.30am)**

**Saxons Training Facilities**

**Level 6, 500 Collins Street, Melbourne**



**Miranda Marriott** is an engaging speaker and facilitator, with over 12 years of experience in the Health and Wellbeing industry. She understands schools, teachers and students and how to best support and communicate with them as she has worked as the head of wellbeing, a year level coordinator and Psychology teacher. Miranda has completed post- graduate studies in Education, Life Coaching and Commerce (Human Resources), along with a Bachelor of Arts (Psychology and Counselling). She is a skilled communicator as she spoken to Whole Schools, Year Levels, Teachers, TAFES and Corporates and has studied public speaking. Miranda is passionate about wellbeing for both staff and students because she has seen the profound impact that these insights and strategies have had.

**Book Now at [www.criticalagendas.com.au](http://www.criticalagendas.com.au) or via fax or mail**

**Postal address:**

P.O. Box 1427 Geelong 3220

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Fax: 1800 638 021

Email: [admin@criticalagendas.com.au](mailto:admin@criticalagendas.com.au)

A confirmation email will be sent to each applicant

**[www.criticalagendas.com.au](http://www.criticalagendas.com.au)**

**COST: \$279 + GST**

*Cost includes: Program, any issued notes, participation certificate, morning tea and lunch.*

## Program Description

There is a lot of misunderstanding around mental health and teachers are often expected to assist students in this area of their life without the required level of training and equipping.

This workshop will help the teacher understand the difference between mental health and mental illness and will also provide practical and useful strategies that they can use to help improve student wellbeing in their role as a teacher.

**Target Audience: Primary & Secondary Teachers. 6 PD hrs**



## REGISTRATION FORM

(May be photocopied)

Please complete and fax to 1800 638 021 or email to [admin@criticalagendas.com.au](mailto:admin@criticalagendas.com.au)

Name/s (Capitals please!)

1: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

2: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

3: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

4: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

5: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

Please specify any special dietary needs: \_\_\_\_\_

School / Employer: \_\_\_\_\_

Address: \_\_\_\_\_

Sub/Town: \_\_\_\_\_ Postcode: \_\_\_\_\_

Ph: \_\_\_\_\_

**BOOKING CONDITIONS** No applications for this program will be accepted after all vacancies have been filled. Unsuccessful applicants will have their monies refunded in full. Cancellation prior to two weeks before the program date (cut-off date) will incur a 15% service charge per applicant. This program will be payable in full for cancellations made on or after the cut-off date or for failure to attend the program. All cancellations must be in writing and emailed to us. In the event of insufficient applications this program will not proceed and registration monies be fully refunded. In the event of this program being cancelled due to unforeseen circumstances registration monies only will be refunded as Critical Agendas will not accept liability for the payment of any other associated costs. Critical Agendas reserves the right to vary the advertised programs prior to commencement.

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ABN 14 693 026 465  
**6 PD hrs \$279 + GST**

Purchase Order No. (REQUIRED if wishing to be invoiced): \_\_\_\_\_

Name of Contact for invoice: \_\_\_\_\_

Contact Email: \_\_\_\_\_

OR Enclosed is payment for \$ \_\_\_\_\_ payable to CRITICAL AGENDAS

or please debit my  Mastercard  VISA

Card Number:

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Name on Card: \_\_\_\_\_

Exp Date: \_\_\_\_\_ Signature: \_\_\_\_\_