



***Girls do want  
to have fun***

***Encouraging the girls in our classrooms  
to reach their full potential***

***LIVE  
STREAMED  
WEBINAR***

**Wednesday 2nd  
September 2020**

**5 Hours of Professional Development  
\$258.50 inc GST per person**

**Target Audience:** Teachers, School Leaders, Heads of School, YLCs, Student Support Staff,  
Other Professionals Working with Young Females

## Itinerary

8.15am – 8.30am	Webinar Log In
8.30am – 9.30am	Dr Justin Coulson <i>MISS-CONNECTION: What is going on with our adolescent girls - for better and worse - and how educators can connect best?</i>
9.30am – 9.40am	Mini Break
9.40am – 10.40am	Dr Justin Coulson <i>The Perils and Pitfalls of Praise - How to give effective feedback in the classroom</i>
10.40am – 11.10am	Morning Tea break
11.10am – 12.10 pm	Dr Justin Coulson <i>Emotional Intelligence in the Classroom: How to work with emotions, not against them.</i>
12.10pm – 1.00pm	Lunch break
1.00pm – 2.00pm	Dr Justin Coulson <i>Motivation in the Classroom: How to tap into your students basic psychological needs to maximise motivation and results</i>
2.00pm – 2.30pm	Afternoon Tea Break
2.30pm – 3.30pm	Miranda Marriott <i>Improving Your Girl's Self-Worth, Self-Talk and Academic Performance</i>
3.30pm	Seminar Close



## About Your Presenters:

### Dr Justin Coulson



Dr Justin Coulson is one of Australia's most respected and popular parenting authors and speakers. He is sought after for his expertise in family life, relationships, and wellbeing and resilience; and he is the founder of 'Happy Families'.

Dr Coulson earned his PhD in Positive Psychology. He holds an Honorary Fellowship at the University of Melbourne's Graduate School of Education in the Centre for Positive Psychology, and he is a Senior Associate at the Positive Psychology Institute.

Dr Coulson has written 5 books, and is a three-time bestselling author. He is an occasional columnist for the New York Times and appears regularly in all of Australia's major news outlets for television, radio, and print. He's a TEDx speaker and has worked with many of Australia's biggest brands including the Commonwealth Bank, Intel Security, ANZ, IHG, and many, many more. He has also served as a consultant to the Australian Government's Raising Children Network, and the Office of the e-Safety Commissioner, Life Education and others.

Justin not only brings credibility and experience. He is at the coalface of family life. He and his wife Kylie are the parents of six daughters, all of whom have successfully mastered sleeping all night in their own beds, using the bathroom unassisted, eating most of the food on their plates most of the time, and always speaking kindly to one another no matter the circumstances. (Well, maybe there's still some work to do on that last one.)

Justin and his family live in Brisbane, Queensland.

### Miranda Marriot



Miranda Marriot is an engaging speaker and facilitator, with over 12 years of experience in the Health and Wellbeing industry.

She understands schools, teachers and students and how to best support and communicate with them as she has worked as the head of wellbeing, a year level coordinator and Psychology teacher.

Miranda has completed post-graduate studies in Education, Life Coaching and Commerce (Human Resources), along with a Bachelor of Arts (Psychology and Counselling). She is a skilled communicator as she spoken to Whole Schools, Year Levels, Teachers, TAFEs and Corporates and has studied public speaking.

Miranda is passionate about wellbeing for both staff and students because she has seen the profound impact that these insights and strategies have had.

## Wednesday 2nd September, 2020

**8.15am – 8.30am – Webinar Log In**

**8.30am – 9.30am – Dr Justin Coulson**

**MISS-CONNECTION: What is going on with our adolescent girls - for better and worse - and how educators can connect best?**

Trying to guide a teenage daughter through a complex adolescent world is... well, complicated. Alcohol and drugs, mental health concerns, body image issues, premature and/or non-consensual intimacy, and friendship challenges are just the tip of the iceberg.

Join Dr Justin Coulson as he unpacks the science of adolescent femininity and provides practical real world advice for working with adolescent girls. You'll leave this presentation with simple and valuable tools and techniques to help you guide your female teen students safely and successfully at school.

Based on surveys and interviews with over 400 Aussie teen girls, you'll discover what is really going on in their minds – how they really feel and what they wish you knew. Find out how we can stay connected to them and keep them motivated, while also dealing with the eye-rolls and bad attitude. We'll talk about how we can keep them safe and informed without them pushing us away; and how to encourage them to develop strong, healthy relationships and resilience, plus we'll cover the best things we can do to support these girls during this tumultuous pandemic experience.

**9.30am – 9.40am - Mini – Break**

**9.40am – 10.40am – Dr Justin Coulson**

**The Perils and Pitfalls of Praise - How to give effective feedback in the classroom**

Pretty much every education book or program recommends that you “catch your students doing something right and praise them for it.” You're supposed to reinforce positive behaviour with verbal rewards – making sure it's “effort praise” and not “person praise”. The idea is that if we pump up our student's tyres, they're going to be more motivated, their self-esteem will go up, and in the end we'll have better students.

But... that's not what the research says. In fact, at least three or four decades of studies now confirm that praising our students may have several significant unintended consequences. It's actually surprisingly bad!

So what are you supposed to do instead?

Join Dr Justin Coulson for this powerful, provocative webcast as he explains the science of praise, why you should avoid it, and how you can give better positive feedback to your students so they actually DO feel motivated, confident, and resilient. It will change the way you speak to your students forever.

**10.40am – 11.10am – Morning Tea break**

**11.10am – 12.10 pm – Dr Justin Coulson**

**Emotional Intelligence in the Classroom:  
How to work with emotions, not against them.**

Emotions matter more than we realise. They impact motivation, the decisions we make, and even the performance appraisals and

grades we give. Yet emotions are often misunderstood, especially in the classroom. When emotions surface with colleagues or students, they are all-too-often ignored, or worse, shut down.

Research shows that raising our EQ – our emotional intelligence – can have an instant impact on relationships, behaviours, achievement and wellbeing. It can also transform behaviour management in the classroom – an ongoing and draining issue for every teacher.

In this presentation, Dr Justin Coulson will unpack the four key elements of emotional intelligence, how to respond to bullies with emotional intelligence in ways that actually change behaviour, and how to manage others without resorting to yelling, threats, and bribes. You'll also discover how to tap into the emotional world of struggling, demotivated, or disengaged students and help them move towards a positive educational experience.

**12.10pm – 1.00pm – Lunch break**

**1.00pm – 2.00pm – Dr Justin Coulson**

**Motivation in the Classroom: How to tap into your students basic psychological needs to maximise motivation and results**

There are as many theories on motivation in the classroom as there are teachers offering bonus points for participation, cake and class parties for good behaviour, and the plethora of promises of goodies or detentions depending on how students act and learn. But none of these motivators, for better or worse behaviour, really cut to the core of what motivates students to want to be in class, to truly engage with learning, and to have school go through them (rather than the student going through school).

This is a webcast you won't want to miss. It might change the way you approach motivating students forever. In this session, Dr Justin Coulson will explore the basic psychological needs that every student has - and how we unintentionally trample them in too many classroom situations. We'll discuss practical ways that educators can create the perfect environment to support motivation in students - and the systemic challenges that require novel workarounds by creative teachers who want to see their students truly develop and embrace their learning.

**2.00pm – 2.30pm – Afternoon Tea Break**

**2.30pm – 3.30pm – Miranda Marriott**

**Improving Your Girl's Self-Worth, Self-Talk and Academic Performance**

The way that our girls perceive, speak and relate to themselves has a dramatic impact on their engagement and performance at school, their relationships with their peers, their teachers and their parents. The typical way people try to enhance their motivation, performance and experience of life, involves being critical and harsh with themselves, but research now demonstrates how this actually leads to underperformance and undermines their wellbeing.

This session will explore the origin of the self-worth and self-talk issues and the problems that psychologists are now finding that the previous suggestions around improving self-esteem. Miranda will explore the latest research and insights around the power of self-compassion to enhance their self-perception and self-talk, as well as transform your girls relationship with themselves, their study, their performance and their broader life.

**3.30pm – Seminar Close**

## Girls do want to have fun

If registering Manually please fill in all details below and scan and email to [admin@criticalagendas.com.au](mailto:admin@criticalagendas.com.au)

### Employers/School Details: (for invoicing/payment purposes)

School/Employer: \_\_\_\_\_

School Postal Address: \_\_\_\_\_

Suburb/Town: \_\_\_\_\_

State: \_\_\_\_\_ Post Code: \_\_\_\_\_

Country: \_\_\_\_\_

School Telephone: \_\_\_\_\_

### Participant 1

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

Position: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Participant 2

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

Position: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Payment details, \$258.50 inc GST per person

#### Option 1 INVOICE

Purchase Order No (Compulsory if school is to be invoiced): \_\_\_\_\_

Name of Contact for Invoice (Accounts Payable Person): \_\_\_\_\_

Accounts Payable Contact Email: \_\_\_\_\_

**OR Option 2 Credit Card Payment**    Visa     Mastercard

Credit Card Number:

Expiry Date:   /

Cardholder's Name: \_\_\_\_\_

Cardholders Signature: \_\_\_\_\_

**OR you can register online at [www.criticalagendas.com.au](http://www.criticalagendas.com.au)**

**Register online :**  
[www.criticalagendas.com.au](http://www.criticalagendas.com.au)

Contact Details:

Critical Agendas

PO Box 1427

Geelong Vic 3220

T: 1800 638 012

F: 1800 638 021

E: [admin@criticalagendas.com.au](mailto:admin@criticalagendas.com.au)

### Booking Conditions

No applications for this program will be accepted after all vacancies have been filled. Unsuccessful applicants will have any monies paid refunded in full. Cancellation made prior to the Wednesday 19th August 2020 will incur a 25% service charge per applicant. This program will be payable for in full for cancellations made on or after Wednesday 19th August 2020 or for failure to attend the program.

Participants will be sent a Zoom link which is only to be used by the registered person, if any other unregistered person views the webinar without registration, they will be liable for the full registration plus an additional 25% administration fee. No attendance certificates will be issued until all monies have been paid in full.

Any cancellation must be made in writing and emailed to [admin@criticalagendas.com.au](mailto:admin@criticalagendas.com.au).

In the event of insufficient applications this program will not proceed, and registration monies paid will be fully refunded. Critical Agendas Pty Ltd will not be accepting liability for any other associated costs.

Critical Agendas Pty Ltd reserves the right to vary the advertised program prior to commencement.